

# **EASTERN CANADA ADVENTURE TOUR**

## **DAY 1 FLY TO CANADA / ARRIVAL IN TORONTO**

Fly from London to Canada. On arrival at the airport a local guide will meet you. Transfer to Seneca College for an overnight stay.

## **DAY 2 TORONTO / CITY TOUR**

Toronto is Canada's largest metropolis and combines the modern sophistication of a world-class city with the friendly charm of its multicultural neighbourhoods and colourful markets. The original settlement of Fort York was founded in 1793 and since then the city has spread outwards along the waterfront and upwards with the soaring glass towers of the financial district. A morning city tour will pass the main sights including the Skydome stadium, the CN Tower [including a visit to the Towering Observation Deck], the University of Toronto, the Law Courts, the Ontario Parliament buildings and the trendy shopping district of Yorkville, Casa Loma and the residential area of Forest Hill. In the afternoon it will be at leisure. Overnight Toronto.

## **DAY 3 TORONTO – NIAGARA FALLS - TORONTO**

This morning depart on a sightseeing tour of the falls. A cruise on the Maid of the Mist is included. The boat passes directly in front of the American Falls, Rock of Ages and Cave of the Winds and then enters the Canadian Horseshoe Falls for a spectacular view of the Falls. Some free time will be available at Table Rock Promenade prior to your return to Toronto. Overnight Toronto.

## **DAY 4 TORONTO / CANADA WONDERLAND**

Breakfast at residences. Return transfers today to Paramount Canada's Wonderland Theme Park for a day of fun! Overnight Toronto.

## **DAY 5 TORONTO - ALGONQUIN PARK MOUNTAIN BIKING**

Breakfast at residences. Head north through through the Muskoka region of rugged hills and lakes to Algonquin Park. Here, you will have the afternoon for mountain biking. All bikes are well maintained, are available in a variety of frame sizes and include a helmet in the rental rates. The Grocery Store and Snack Bar on site have a full range of meal options. Accommodation will be in a motel or cabins en route to Beachburg.

## **DAY 6 YOUTH RAFTING DAY TRIP, BEACHBURG - OTTAWA**

Over the years, many camp and youth groups have chosen to visit River Run because of their awesome whitewater adventure programmes and beautiful campgrounds. Children must be 12 years of age or older and weigh at least 90 lbs to participate in a full day rafting trip. You will enjoy a full river rafting trip in a 12-passenger raft, lunch, river gear (except wetsuits) use of all resort facilities and video review of your trip.

**DAY 7            GATINEAU PARK**

This canoe trip includes orientation and instruction. Trips are run, weather permitting. Lifejackets **MUST** be worn at all times. To be fully prepared for your trip, you should bring along: A pair of running shoes, camera, sunglasses, sunscreen, a hat, and appropriate clothing for the weather conditions of the day. This evening you can make an optional visit to the IMAX cinema.

**DAY 8            GUIDED HORSEBACK TRAIL RIDE, CARLSBAD SPRINGS – RIDEAU CANAL CRUISE, OTTAWA**

Today we head out to Carlsbad Springs about 20 kms from Ottawa to the Happy Springs riding stables for a one-hour guided trail ride. Return to Ottawa and this afternoon take the leisurely Rideau Canal Cruise that lasts for 75 minutes.

**DAY 9            OTTAWA**

The day can be spent shopping at a large mall in Ottawa.

**DAY 10          OTTAWA - TORONTO**

Breakfast at residences. Time at leisure to explore the city and do some last minute shopping prior to departure to Toronto.

**DAY 11          TORONTO DEPARTURE**

Breakfast. Time at leisure to explore the city and/or last minute shopping prior to departure

**DAY 12          ARRIVE UK**

Land back in London this morning.